



**St. Mark's City Heights  
Episcopal Church**  
MANOS DE DIOS - WE ARE GOD'S HANDS

# Holy Eucharist

2026 Lent

**Join online at 9:45 am [tinyurl.com/stmarkszoom](https://tinyurl.com/stmarkszoom)**

If this is your first time worshipping at St. Mark's, we welcome you! Wherever you are on your journey of faith we are glad you are here, and we invite you to join us in all that we do. If you are joining us online today please know that you are a full member of our family.

*The in-person service is being streamed live and pictures may be taken during the service.*

## Welcoming Prayer

**Holy Spirit living within us, guide our hearts and minds as we welcome today all those who worship with us as part of the St. Mark's family. Give us discerning hearts so that everyone who worships with us feels welcomed in the spirit of your love. Help us to recognize each person as an individual sent by you who will enrich our lives. And most of all, O God, let this community be a place of love and acceptance of all your children; in the name of your child, our Savior Jesus Christ. Amen.**

## Gathering Song

*See insert*

## The Word of God

Presider     The peace of Christ rule in our hearts.  
People        **The word of Christ dwell in us richly.**

Presider     Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Lord, have mer - cy up - on us. Lord, have mer - cy up -  
 on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -  
 on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -  
 on us. Lord, have mer - cy up - on us.  
 Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

## Confession of Sin

Presider Let us confess our sins against God and our neighbor.  
 People **Most merciful God,**

**we confess that we have sinned against you  
 in thought, word, and deed,  
 by what we have done,  
 and by what we have left undone.  
 We have not loved you with our whole heart;  
 we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.  
 For the sake of our Savior Jesus Christ,  
 have mercy on us and forgive us;  
 that we may delight in your will,  
 and walk in your ways,  
 to the glory of your Name. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through  
 the grace of Jesus Christ, strengthen you in all goodness, and by the  
 power of the Holy Spirit keep you in eternal life. Amen.

## The Collect of the Day

*See insert*

Presider God be with you.

People **And also with you.**

Presider Let us pray.

## The Sermon

## The Nicene Creed

**People** We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father.  
With the Father and the Son  
he is worshiped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

# Prayers of the People

## The Peace

## Sunday School Sharing & Announcements

See insert

## Blessings for Birthdays and Anniversaries

### For a Birthday

*O God, we come before you with hearts full of gratitude and joy as we celebrate this/these birthday(s). Thank you for this special day, for the gift of life, and for the opportunity to celebrate another year together. In your Holy name we pray. Amen.*

### For an Anniversary

*O God, we thank and praise You for the gift of this anniversary and the love and joy that it brings. Pour out we pray, Your love, joy, grace and peace into the hearts of all who are celebrating this day. We pray that in this remembrance, that you join each of us closer, to each other, and to You. Amen.*

## The Offertory *The Table is prepared: The Liturgy of the Table Begins.*

## The Doxology

*Hymnal 380 Vs 3 Tune Old Hundredth*

Praise God, from whom all blessings flow: Praise Him all creatures  
here be - low; Praise Him a - bove ye heav - 'nly  
host; Praise Fa - ther, Son, and Ho - ly Ghost! A - men

# The Great Thanksgiving | Eucharistic Prayer (Enriching Our Worship 1)

*If able and comfortable, the people remain standing.*

Presider The Lord be with you.

**People And also with you.**

Presider Lift up your hearts.

**People We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

**People It is right to give our thanks and praise.**

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

**Sanctus** *Argentine Santo, Santo, Santo WLP 785*

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi  
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.  
heart is glad to say the words: you are ho - ly, Lord.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died. Christ is risen. Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine.

By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Saint Mark and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

As our Savior Christ has taught us, we now pray, in the language of our own heart.

**Padre nuestro que estás en el cielo, santificado sea tu Nombre, venga tu reino, hágase tu voluntad, en la tierra como en el cielo. Danos hoy nuestro pan de cada día. Perdona nuestras ofensas, como también nosotros perdonamos a los que nos ofenden. No nos dejes caer en tentación y líbranos del mal. Porque tuyo es el reino, tuyo es el poder, y tuya es la gloria, ahora y por siempre. Amén.**

**Our Father in heaven, hallowed be your Name your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

## **The Breaking of the Bread**

*The Presider breaks the consecrated Bread. A period of silence is kept.*

Presider Christ our Passover is sacrificed for us;

**People Therefore let us keep the feast.**

**People Lamb of God, you take away the sins of the world: have mercy on us.**

**Lamb of God, you take away the sins of the world: have mercy on us.**

**Lamb of God, you take away the sins of the world: grant us peace.**

## The Invitation

Presider This is the table, not of the Church, but of the Lord. It is made ready for those who love him, and for those who want to love him more. So, come, those who have much faith and those who have little, those who have been here often and those who have not been here for a long time, those who have tried to follow and those who have failed. Come, not because the Church invites us; it is Christ, and he invites us to meet him here.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with Thanksgiving.

## The Prayer of Spiritual Communion For Those On Zoom

Presider: We know that some of us are joining this morning on zoom, and although they can not physically receive the holy sacraments, they can receive in their own hearts.

**People In union, Blessed Jesus, with the faithful gathered at every altar of Your Church where Your blessed body and blood are offered, I long to offer You praise and thanksgiving. I believe that You are truly present in the Holy Sacrament. And since I cannot at this time receive communion, I pray You to come into my heart, my soul, and my mind. I unite myself to You, and embrace You with all the affections of my soul. Let nothing separate me from You; let me serve You in this life until, by Your grace, I join You in Your reign of unending peace. Amen.**

*We will be offering communion in both kinds: bread & wine. As you come forward to receive communion the priest will be standing in the center, in front of the altar and will give you the bread into your hand. If you would like to also receive the wine, you can either drink from the chalice (in which case, after receiving the bread, go to the altar server on the left) or have the bread intincted (dipped) into the wine and given to you (in which case go to the altar server on the right after receiving the bread.) If you would like to **receive the bread only** please return to your seat after receiving it. If you would **prefer not to receive the bread and wine but receive a blessing**, please cross your hands over your chest.*

*If you would like to receive gluten free bread please tell the priest.*

## Communion Hymn

*Instrumental*

*See insert*

## Post Communion Prayer

**People Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

## Sending Out of Eucharistic Ministers with Home Communion

Presider In the name of God, we send you forth to share communion with those who are not able to be with us today.  
**People As you have been fed, now feed others.**  
Presider Our prayers are with you, go in peace.  
**People Thanks be to God.**

## In Lent, in place of a blessing, a solemn Prayer over the People is used

Presider Bow down before the Lord.

**Lent 1** Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. Amen.

**Lent 2** Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. Amen.

**Lent 3** Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. Amen.

**Lent 4** Look down in mercy, Lord, on your people who kneel before you; and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord. Amen.

**Lent 5** Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will; through Christ our Lord. Amen.

**From Palm Sunday through Maundy Thursday** Almighty God, we pray you graciously to behold this your family, for whom our Lord Jesus Christ was willing to be betrayed, and given into the hands of sinners, and to suffer death upon the cross; who lives and reigns for ever and ever. Amen.

## Sending Hymn

*See insert*

## Dismissal

Presider Our worship service has come to an end, our service to the world continues. Go in peace, to love and serve the world!  
**People Thanks be to God.**